

Toxicological detection of dihydropyridine calcium channel blockers and their metabolites in urine by GC-MS after extractive alkylation

Joachim W. Arlt and Hans H. Maurer

Abstract

Overdose of dihydropyridine calcium channel blockers ("calcium antagonists") may lead to severe cardiovascular disorders like shock. For diagnosis of an intoxication, a GC-MS procedure was developed for the detection of dihydropyridine calcium channel blockers and their metabolites in urine within a general screening procedure for acidic drugs after extractive alkylation. The acidic metabolites were extracted and methylated in one step and analyzed by GC-MS. Mass chromatography with the ions m/z 139, 210, 238, 286, 297, 298, 310, 312, 313 and 318 indicated the possible presence of dihydropyridine calcium channel blockers and/or their metabolites. The identity of positive signals in the reconstructed mass chromatograms was confirmed by comparison of the full mass spectra underlying the peaks with the reference spectra recorded during these studies. We were able to detect amlodipine, felodipine, isradipine, nifedipine, nilvadipine, nimodipine, nisoldipine and nitrendipine in urine of patients treated with therapeutic doses of the drugs. Nicardipine could up to now only be detected in rat urine, since human samples were not yet available.

1. Introduction

Calcium channel blockers of the dihydropyridine type are vasodilators widely used as antihypertensives. In overdose case, they may lead to severe cardiovascular disorders like hypotension and shock. For diagnosis of such an intoxication, a GC-MS screening procedure is necessary for the detection of dihydropyridine calcium channel blockers and their metabolites in urine. Since the parent compounds are excreted only in minor amounts and since the urinary metabolites are acidic, they should be detected within our new screening procedure for acidics [1]. This procedure is a suitable supplement to our well known systematic toxicological analysis (STA) procedure for basic and neutral compounds [2]. Acidic compounds can be extracted and derivatized in one step by extractive alkylation [3-5]. In the following, a screening procedure using

extractive methylation is presented for the detection of dihydropyridine calcium channel blockers in urine.

2. Materials and Methods

2.1 Chemicals

The reference drug samples were kindly supplied by the manufacturers. Diethylether was obtained from Asid Bonz (Böblingen, Germany), methanol, methyl iodide for synthesis, toluene were obtained from Merck (Darmstadt, Germany) and tetrahexylammonium hydrogensulfate from Fluka GmbH (Neu-Ulm, Germany). The columns (Isolute Diol, non end-capped, 500 mg/10 mL) for solid-phase extraction (SPE) were obtained from ICT (Bad Homburg, Germany).

2.2 Phase-transfer reagent

The buffer solution was prepared by mixing 70 mL of 1 mol/L aqueous Na_2HPO_4 with 38 mL of 2 mol/L aqueous NaOH. The solution of 0.02 mol/L tetrahexylammonium (THA) hydrogensulfate was prepared by dissolving 0.9 g THA hydrogensulfate in 100 mL buffer.

2.3 Methyl iodide solution

A 1 mol/L solution of methyl iodide was prepared by dissolving 7 g of methyl iodide in 50 mL of toluene.

2.4 Urine samples

The investigations were performed on urine from in-patients treated with therapeutic dosages of calcium channel blockers. When suitable samples from man were not available, urine from rats (Wistar, Ch. River, Sulzflück, Germany) was used. 10-20 mg/kg body mass of the corresponding calcium channel blocker were administered to female wistar rats in aqueous suspension by gastric intubation. Urine was collected separated from the faeces.

2.5 Extractive alkylation procedure

The extractive alkylation procedure was performed in modification to the method for the determination of diuretics of Lisi et al. [4]. A 2 mL portion of urine was alkalized with 2 mL of buffer (1 mol/L Na_2HPO_4 /2 mol/L NaOH) containing 0.02 mol/L THA hydrogensulfate to obtain a pH of 11.5 - 12.0. After addition of 6 mL 1 mol/L methyl iodide in toluene, the centrifuge tubes were tightly closed and shaken in a water bath at 50°C for 30 min. The two phases were separated by centrifugation at 1500 g for 3 min. SPE columns (diol phase, 10 mL/500 mg) conditioned first with 5 mL of methanol and then 5 mL of toluene were used to

remove the coextracted THA salts from the organic phase. The toluene phase was rinsed through the column under mild vacuum at a flow rate of 3 mL/min. The THA salts were adsorbed on the diol sorbent. The analytes, which were also adsorbed at the column, were selectively eluted with 3 mL of diethylether. The combined eluate was carefully evaporated at 60°C to dryness. (vacuum 300-500 mbar). The residue was dissolved in 50 µL of ethylacetate and a 1 µL aliquot of this extract was injected into the GC-MS.

2.6 Apparatus

The samples were shaken with a multifix shaker S 300 (Schwinherr, Schwäbisch Gmünd, Germany). A Vac-Master V-10 (ICT) was used for solid phase extraction.

The extracts were analysed using a Hewlett Packard (HP, Waldbronn, Germany) Series 5890 gas chromatograph combined with an HP MSD Series 5970 mass spectrometer and an HP Series 59970C DOS workstation. The GC conditions were as follows: splitless injection mode; column, HP-1 capillary (12 m x 0.2 mm I.D., cross-linked methylsilicone, 0.33 µm film thickness); column temperature, programmed from 100°C to 310°C at 30°C/min, initial time 3 min, final time 8 min; injection port temperature, 280°C; carrier gas, helium; flow rate, 1 mL/min. The MS conditions were as follows: full scan mode; ionisation energy, 70 eV; ion source temperature, 220°C; capillary direct interface heated at 260°C.

2.7 GC-MS procedure

During the gas chromatographic separation full EI mass spectra were recorded and stored. Mass chromatography with typical ions was used to screen for the presence of calcium channel blockers and their metabolites. Positive peaks were identified by computerized comparison of mass spectra underlying the peaks with reference spectra recorded during this study.

3. Results and Discussion

3.1 Sample preparation

Urine samples were available from patients treated with therapeutic doses of amlodipine, felodipine, isradipine, nifedipine, nilvadipine, nimodipine, nisoldipine or nitrendipine. Since human urine samples were not yet available for nifedipine urine samples of rats were used. The parent compounds are excreted only in minor amounts. Therefore the screening should focus on the main metabolites which are acidic compounds. As we have seen, cleavage of conjugates was not necessary for toxicological analysis of these drugs. However, derivatization

was indispensable for sensitive detection of them. Extractive alkylation allowed the extraction and derivatization in one step.

Removal of the coextracted THA salts from the organic phase was essential to avoid decrease of the column separation power caused by pyrolysis of the THA in the GC injection port. We have tested several SPE columns with polar sorbents with different eluents for separation of THA. The diol phase yielded the best reproducibility and recovery under the described conditions. It is a further advantage, that such SPE columns can easily be handled and that they can be reused after washing with methanol.

3.2 GC-MS analysis

For detection of the calcium channel blockers and their metabolites, mass chromatography with the diagnostic ions m/z 139, 210, 238, 286, 297, 298, 310, 312, 313 and 318 was used. Five typical fragment ions and their relative abundances of the mass spectra and the gas chromatographic retention indices [6] used for the identification are given in table 1. The full mass spectra will be published elsewhere [7-9].

Table 1. Typical fragment ions and their relative abundances of the mass spectra and the gas chromatographic retention indices (RI) used for the identification of the calcium channel blockers and their main metabolites after methylation

Drug or methylated Metabolite					M ⁺	RI
Amlodipine	72 ₈₀	208 ₁₅	325 ₁₀₀	347 ₁₀	436 ₁₀	2815
-M (desamino-COOH-desethyl-)	222 ₅₀	280 ₂₀	312 ₁₀₀	364 ₁₀	423 ₅	2800
-M (dehydro-desamino-COOH-)	260 ₉₅	318 ₆₀	347 ₁₀₀	362 ₁₅	435 ₅	2640
-M (dehydro-desethylamino-desethyl-)-H ₂ O	139 ₁₀	250 ₁₀	267 ₁₀	282 ₁₀₀	317 ₅	2300
-M (dehydro-desethylamino-COOH-)	139 ₁₀	224 ₁₀	296 ₈₅	356 ₁₀₀	391 ₅	2430
Felodipine	210 ₃₀	238 ₁₀₀	310 ₁₀	324 ₁₀	383 ₅	2670
-M (dehydro-)	173 ₄₅	286 ₃₀	318 ₉₀	346 ₁₀₀	381 ₀	2280
-M (dehydro-desethyl-)	173 ₁₀	286 ₁₀	300 ₁₅	332 ₁₀₀	367 ₀	2235
-M (dehydro-desethyl-HO-)-H ₂ O	164 ₁₀	284 ₁₀	301 ₁₅	316 ₁₀₀	351 ₀	2505
-M (dehydro-desmethyl-HO-)-H ₂ O	164 ₁₀	267 ₁₀	302 ₁₀₀	330 ₉₀	365 ₀	2560
Isradipine	178 ₁₀	210 ₁₀₀	252 ₉₅	284 ₂₀	371 ₁₀	2630
-M (dehydro-)	221 ₄₀	251 ₄₅	295 ₁₀₀	327 ₉₅	369 ₃₀	2360
-M (despropyl-)	192 ₁₀	224 ₁₀₀	254 ₁₅	284 ₂₅	343 ₁₅	2610
-M (dehydro-despropyl-)	222 ₁₀	264 ₅₅	294 ₄₅	309 ₁₀₀	341 ₇₀	2270
-M (dehydro-desmethyl-OH-)-H ₂ O	237 ₆₅	267 ₆₀	294 ₅₀	311 ₁₀₀	353 ₁₅	2635
Nicardipine	91 ₁₀₀	147 ₆₀	210 ₂₀	315 ₁₀	479 ₅	3770
-M (desamino-COOH-)	165 ₁₀	282 ₁₀₀	315 ₁₀	373 ₁₀	404 ₅	2950
-M (dehydro-desamino-COOH-)	139 ₁₀	281 ₂₀	312 ₁₀₀	371 ₁₅	402 ₅	2650
-M (dehydro-desbenzylethyl-methyl-amino-) *	139 ₁₅	297 ₉₀	313 ₇₅	327 ₁₀₀	344 ₃₀	2300

Table 1, continued

Drug or methylated Metabolite					M ⁺	RI
Nicardipine: -M (dehydro-desbenzylethyl-methyl-amino-HO-)-H ₂ O	139 ₁₀	281 ₄₅	297 ₂₀	311 ₁₀₀	328 ₂₀	2635
Nifedipine	224 ₆₅	268 ₄₅	284 ₉₀	329 ₁₀₀	346 ₁₀	2595
-M (dehydro-) **	252 ₁₀	267 ₁₀	298 ₁₀₀	313 ₁₅	344 ₅	2255
-M (dehydro-COOH-)	195 ₁₀	254 ₁₀	342 ₁₀₀	357 ₁₀	388 ₅	2695
-M (dehydro-desmethyl-HO-)-H ₂ O ***	139 ₁₀	267 ₂₀	282 ₁₀₀	297 ₁₀	328 ₅	2490
Nilvadipine	145 ₁₀	221 ₁₀₀	263 ₄₅	342 ₂₀	385 ₁₀	2810
-M (dehydro-)	164 ₄₀	282 ₅₀	310 ₄₀	324 ₁₀₀	383 ₁₅	2565
-M (dehydro-despropyl-)	164 ₁₅	308 ₁₅	324 ₅₅	340 ₁₀₀	355 ₅₀	2520
-M (dehydro-despropyl-HO-)	217 ₁₀	249 ₅₅	312 ₁₀₀	340 ₁₅	371 ₁₅	2705
Nimodipine	196 ₅₅	254 ₈₀	296 ₁₀₀	331 ₁₀	418 ₁₀	2890
-M (dehydro-)	281 ₆₀	298 ₁₀₀	342 ₈₀	357 ₄₅	416 ₁₀	2655
-M (dehydro-desmethyl-COOH-)	281 ₆₀	298 ₁₀₀	340 ₇₅	371 ₂₀	430 ₁₀	2740
-M (dehydro-desethylmethyl-ether)	252 ₈₅	298 ₈₀	313 ₁₀₀	330 ₆₅	372 ₂₀	2390
-M (dehydro-desmethyl-despropyl-)	252 ₁₅	299 ₅₀	312 ₁₀₀	331 ₁₀	374 ₁₀	2665
Nisoldipine	210 ₈₀	266 ₅₀	270 ₇₅	371 ₁₀₀	388 ₁₀	2730
-M (dehydro-)	252 ₁₅	284 ₁₀₀	313 ₁₀	340 ₄₅	386 ₅	2450
-M (dehydro-HO-)	253 ₂₀	284 ₁₀₀	313 ₄₅	356 ₈₀	402 ₅	2615
-M (dehydro-despropyl-) **	252 ₁₀	267 ₁₀	298 ₁₀₀	313 ₁₅	344 ₅	2255
-M (dehydro-despropyl-HO-)-H ₂ O ***	139 ₁₀	267 ₂₀	282 ₁₀₀	297 ₁₀	328 ₅	2490
Nitrendipine	178 ₁₅	210 ₅₀	238 ₁₀₀	287 ₁₀	360 ₁₀	2700
-M (dehydro-)	139 ₂₅	281 ₄₅	313 ₁₀₀	341 ₉₀	358 ₄₀	2370
-M (desethyl-)	192 ₁₀	224 ₁₀₀	287 ₁₀	315 ₁₀	346 ₁₀	2690
-M (dehydro-desethyl-) *	139 ₁₅	297 ₉₀	313 ₇₅	327 ₁₀₀	344 ₃₀	2300
-M (dehydro-desmethyl-HO-)-H ₂ O	139 ₁₀	266 ₉₀	297 ₁₀₀	325 ₉₀	342 ₃₀	2695
common metabolites: *, **, ***						

Generation of the mass chromatograms could be started by clicking on the corresponding pull down menu item which executed the user defined macros. The identity of the peaks in the mass chromatograms was confirmed by computerized comparison of the peaks underlying full mass spectra with reference spectra recorded during the presented study [8-9]. In fig. 1 reconstructed mass chromatograms are shown indicating the presence of dihydropyridine calcium channel blockers and their metabolites in a urine sample from a patient treated with therapeutic doses of nitrendipine.

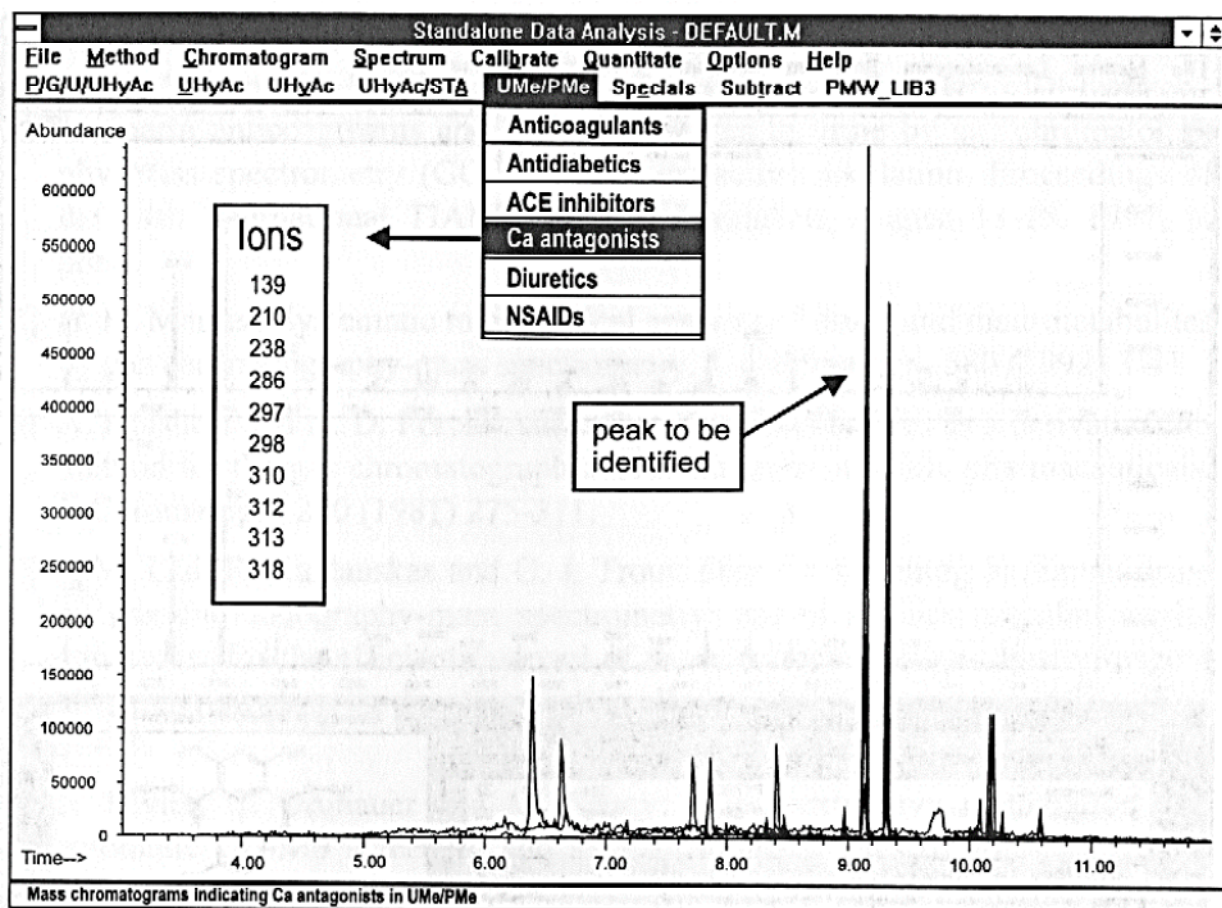


Fig. 1. Mass chromatograms indicating the presence of dihydropyridine calcium channel blockers and their methylated metabolites in urine.

In fig. 2 the mass spectrum underlying the marked peak in fig. 1 and the reference library spectrum of the methylated dehydrodesethyl metabolite of nitrendipine are shown. The drugs and their metabolites were sufficiently separated by GC. Most of the compounds could be differentiated by their mass spectra. However, some of the drugs lead to common metabolites and/or derivatives. Nevertheless, the detection of the parent drugs and/or further unique metabolites or derivatives allowed the differentiation of the drugs. Interferences with other drugs or endogenous biomolecules are improbable since in our experience these compounds have different gas chromatographic and/or mass spectral properties [8-9].

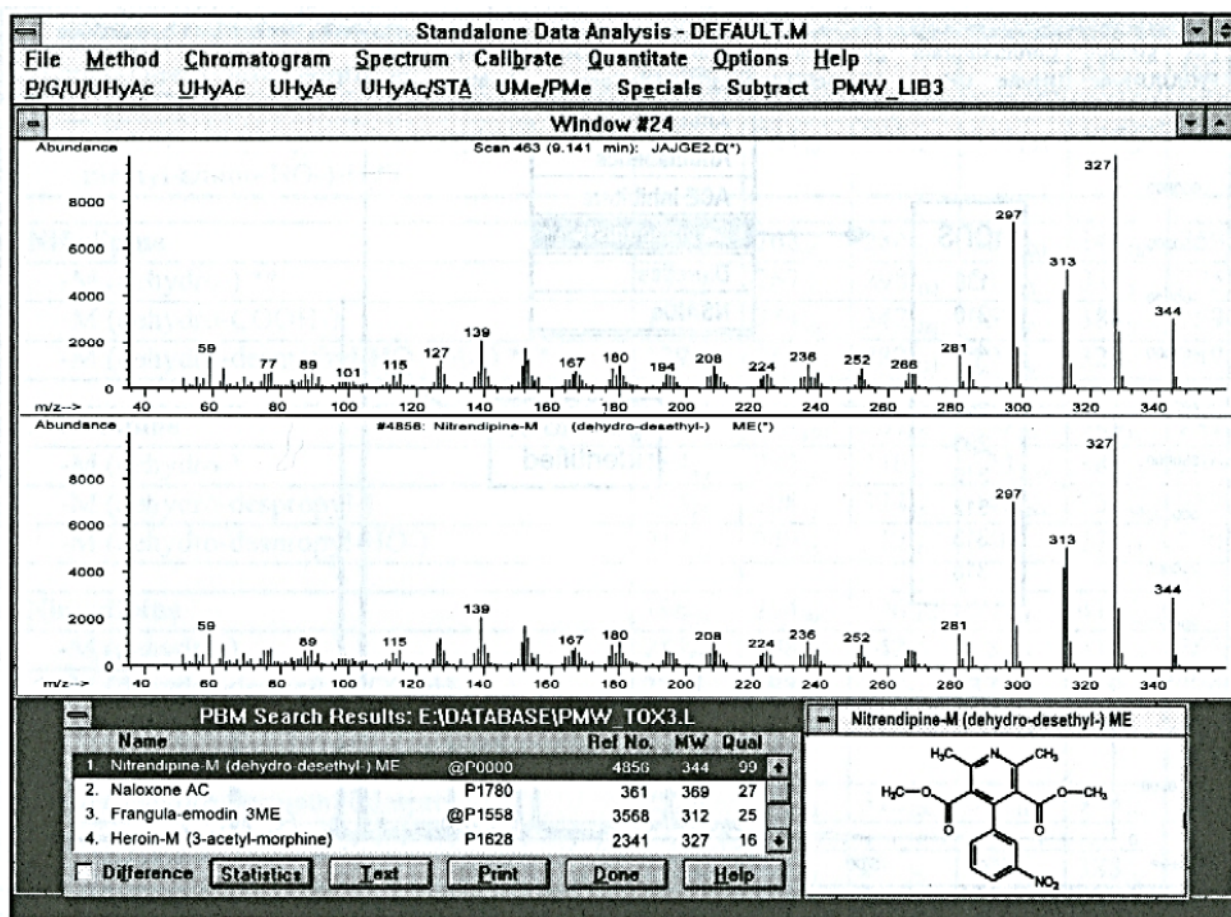


Fig. 2. Mass spectrum underlying the marked peak in fig. 1 (upper part) and the reference library spectrum of methylated dehydrodesethyl nitrendipine (lower part).

The information on the all-over-all recovery (70-90 %) and on the limit of detection (50 ng/mL, S/N 3) of the parent compounds was of minor relevance, since the parent compounds were excreted in urine in only minor amounts. Therefore, we studied the detectability of these drugs after therapeutic dosage by determination of their metabolites in urine. Doing so, we were able to prove in humans the intake of amlodipine, felodipine, isradipine, nifedipine, nilvadipine, nimodipine, nisoldipine and nitrendipine. Nicardipine could up to now only be detected in rat urine, since human samples were not yet available.

4. Conclusions

The presented procedure allowed the identification and differentiation of dihydropyridine calcium channel blockers and their metabolites in urine. It is part of a new screening procedure for simultaneous detection of acidic drugs and poisons like coumarin anticoagulants, ACE inhibitors, diuretics, NSAIDs and oral antidiabetics in urine, plasma and gastric contents.

5. References

- [1] J. W. Arlt and H. H. Maurer: On the toxicological detection of 4-hydroxycoumarin anticoagulants and their metabolites in urine by gas chromatography-mass spectrometry (GC-MS) after extractive alkylation. Proceedings of the 34th International TIAFT Meeting, Interlaken, August 11-15, 1996, in press.
- [2] H. H. Maurer: Systematic toxicological analysis of drugs and their metabolites by gas chromatography-mass spectrometry. *J. Chromatogr.*, 580 (1992) 3-41.
- [3] A. Hulshoff and A. D. Förch: Alkylation with alkyl halides as a derivatization method for the gas chromatographic determination of acidic pharmaceuticals. *J. Chromatogr.*, 220 (1981) 275-311.
- [4] A.M. Lisi, R. Kazlauskas and G. J. Trout: Diuretic screening in human urine by gas chromatography-mass spectrometry: use of a macroreticular acrylic copolymer for the efficient removal of the coextracted phase-transfer reagent after derivatization by direct extractive alkylation. *J. Chromatogr.*, 581 (1992) 57-63.
- [5] L. Rivier, C. Grunauer and M. Saugy: Direct extractive methylation and automatic GC-MS screening and identification of drugs of abuse and other compounds of potential abuse in sport. Proceedings of the 31st International Meeting of the International Association of Forensic Toxicologists, Leipzig 1993.
- [6] E. Kovats: Gaschromatographische Charakterisierung organischer Verbindungen. Teil 1. Retentionsindices aliphatischer Halogenide, Alkohole, Aldehyde und Ketone. *Helv. Chim. Acta*, 41 (1958) 1915-1932.
- [7] J. W. Arlt and H. H. Maurer: Toxicological detection of dihydropyridine calcium channel blockers and their metabolites in urine by gas chromatography-mass spectrometry (GC-MS) after extractive alkylation. *J. Chromatogr.*, (1997), in preparation.
- [8] K. Pfleger, H. H. Maurer, A. Weber: Mass Spectral and GC Data of Drugs, Poisons, Pesticides, Pollutants and Their Metabolites, 3rd ed. Weinheim: VCH publishers, 1997, in preparation.
- [9] K. Pfleger, H. H. Mauer, A. Weber: Mass Spectral Library of Drugs, Pesticides, Poisons and Their Metabolites, 3rd rev. Hewlett Packard, Palo Alto (CA), 1997, in preparation.

Univ.-Prof. Dr. Hans H. Maurer
Institute of Pharmacology and Toxicology
Department of Toxicology
University of Saarland
D-66421 Homburg (Saar)